



NO
ONE
SHOULD
FEEL
ALONE

YOUR FAMILY AND SAFE FAMILIES

BRINGING HOPE AND BELONGING TO FAMILIES

Safe Families are a charity who want to support you.

We have a network of volunteers who give their time and skills to you and your family.

The volunteers are people willing, without pay, to provide support and friendship to a family going through a tough time; just like a good friend, neighbour, or grandparent.

They have all had an enhanced police check to ensure they are safe to work with you and your family. We have also spoken to them, been to their homes, and given them training, so we know they will help you safely. Their home and family has been approved as a good and safe place for a child to be.



VOLUNTEER

THERE ARE 2 MAIN TYPES OF VOLUNTEERS:

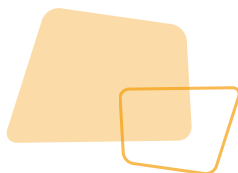
Family Friends: Volunteers who get alongside parents/carers and/or children to support them to get back on their feet.

Host Families: Volunteers who are able to have children and young people stay overnight in their home for a short time.



It is important to know that this is not Foster Care, and if your children stay with a Safe Families Host Family, you are not placing them with the Local Authority.

The host family will provide a caring environment for your child within their home, just like a friend, aunt, uncle, or grandparent might.



HOW IT WORKS



- You'll get a phone call to arrange a home visit from Safe Families to discuss the help we can provide and how you would like things to work.
- Once the type of help has been agreed, you'll be matched with a Safe Families volunteer.
- Next you'll be introduced to the volunteer/s to make sure you're comfortable and happy with the arrangements.
- Support might be to help you through an immediate crisis or longer-term help.
- If your child is hosted overnight, you will be given the contact details of the family hosting your child and a named Safe Families worker.
- You remain in full control of the support at all times and can end the support if it is no longer needed or wanted.

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“I'm a completely different person since Mary has helped me. My situation is still hard at times, but instead of moping around and blaming my child, I have the right skills to know how to deal with things.”

Mum - St. Helens



EMMA'S STORY

Scan the QR code to watch Emma's story



Emma is a loving mum living in South Wales with her kids and dog, Buttons.

She faced isolation, struggled with trust and making friends and her confidence was low.

As Emma said to us, "I love my kids, but you need more than just that. You need friends by your side".

Last summer, Safe Families introduced her to Alyson, who had gone through training as a Family Friend.

They chatted regularly over the

phone, met for a coffee, and started walking the dog in the forest with the kids. They quickly became good friends.

Having someone to talk to and trust has helped Emma gain confidence and stability in life.

Emma said, "We just clicked!" and Alyson said, "It's a lot of fun, we have a laugh!"

Watch Emma's story: www.safefamilies.uk/emmas-story

   [@safefamilies.uk](https://www.instagram.com/safefamiliesuk)  www.safefamilies.uk  0333 4141488

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