



## DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS?

JOIN OUR NEW SUPPORTING PARENTS PROJECT!

---

### **Supporting Parents And Creating Empowerment - SPACE**

Help to navigate the challenges you and your child face, and find space to be heard and supported.

---

Meet a friendly, experienced Senior Parent Adviser who can give intensive support over the phone.

Access a range of online workshops designed to increase your knowledge and skills in managing the needs of you and your family.

---

Please see overleaf for more information.

# WORKSHOP PROGRAMME

---

## **UNDERSTANDING YOUR CHILD'S BEHAVIOUR**

Thursday 14 September, 1 – 3 pm, Charlton Street Hub NE15 8RN

- Understand the reasons for behaviour
  - Working with others to encourage positive behaviour
  - Top tips to help
- 

## **SUPPORT FOR YOUR CHILD'S ANXIETY**

Friday 20 October, 10 am – 12 pm, Galafield Centre NE5 1LZ

- What are the causes of anxiety
  - Strategies to help you and your child recognise their anxiety
  - How to help them manage their anxiety
- 

## **MONEY MATTERS**

Thursday 23 November, 1 – 3 pm, Charlton Street Hub NE15 8RN


- Know how to improve your finances
  - Understand what you're entitled to
  - Know where to get support
- 

## **EDUCATIONAL SUPPORT**

Friday 19 January 2024, 10 am – 12 pm, Galafield Centre NE5 1LZ

- What support is available in education settings
  - How to access support for your child
  - Education, Health and Care (EHC) plans
- 

**To find out more, or book a place, telephone Galafield**

 **0191 277 7800**

**contact** *For families  
with disabled children*