

The Toby Henderson Trust



Online Parent Support Groups

For those who live in Newcastle/ Gateshead and have a child aged 5-11 years waiting for a neurodevelopmental assessment.

Our virtual group runs on the third Wednesday evening of the month via Zoom. Join us on...

Wednesday 19th November 6pm-7pm

Wednesday 17th December 6pm-7pm

These sessions will be hosted by Lynda Richardson, Head of Operations and Sophie Pearson, Occupational Therapist.

We would love to see you on our group.
If you'd like to join us, please email us at:
reception@ttht.co.uk.

Please include your name, your child's medical number (this is the medical number assigned to the young person waiting for an assessment-you will find this on your letter from CYPS), your child's age and your postcode. You can also call us on 0300 365 3055 to book.



Webinars for Newcastle and Gateshead Parents

Are you based in Newcastle or Gateshead and have a child aged 5-11 who is waiting for a neurodevelopmental assessment with Children and Young People's Service (CYPS)? Join our FREE webinars, offering a variety of topics designed to support you throughout the pre-diagnostic journey.

Our upcoming webinars...

All free and hosted on Zoom!

- ★ **Preparing for Christmas**
Friday 21st November 9.30am-11am
- ★ **Food Worries**
Monday 1st December 9.30am-11.30am
- ★ **Strategies for Children who Struggle with Change**
Tuesday 9th December 9.30am-11.30am
- ★ **Personal Care Challenges**
Wednesday 21st January 5.30pm-6.30pm

If you'd like to sign up to any webinars, please email us at: reception@ttht.co.uk. Please include your name, your child's RIO number (this is the medical number assigned to the young person waiting for an assessment-you will find this on your letter from CYPS), your child's age and your postcode.



Parent Support Groups in Newcastle and Gateshead

Do you live in Newcastle/ Gateshead and have a child aged 5-11 years waiting for a neurodevelopmental assessment with Children and Young People's Service (CYPS)? Come join our support groups!

Our upcoming groups are...



Metrocentre Community Hub

Wednesday 26th November 10am-11.30am

Wednesday 17th December 10am-11.30am

With guest Charlotte Hodgkinson Social Welfare Advisor-
Living With Neurodiversity from Citizen Advice Gateshead

Upper Green Mall, Metrocentre, Gateshead, NE11 9YG

Gosforth Civic Theatre

Tuesday 2nd December 1.30pm-3pm

Regent Farm Road, Gosforth,
Newcastle upon Tyne, NE3 3HD

We would love to see you at any of our groups. If you'd like to join us, please ask questions or book on by emailing: reception@ttht.co.uk. Please include your name, your child's medical number (this is the medical number assigned to the young person waiting for an assessment- you will find this on your letter from CYPS), your child's age and your postcode.



